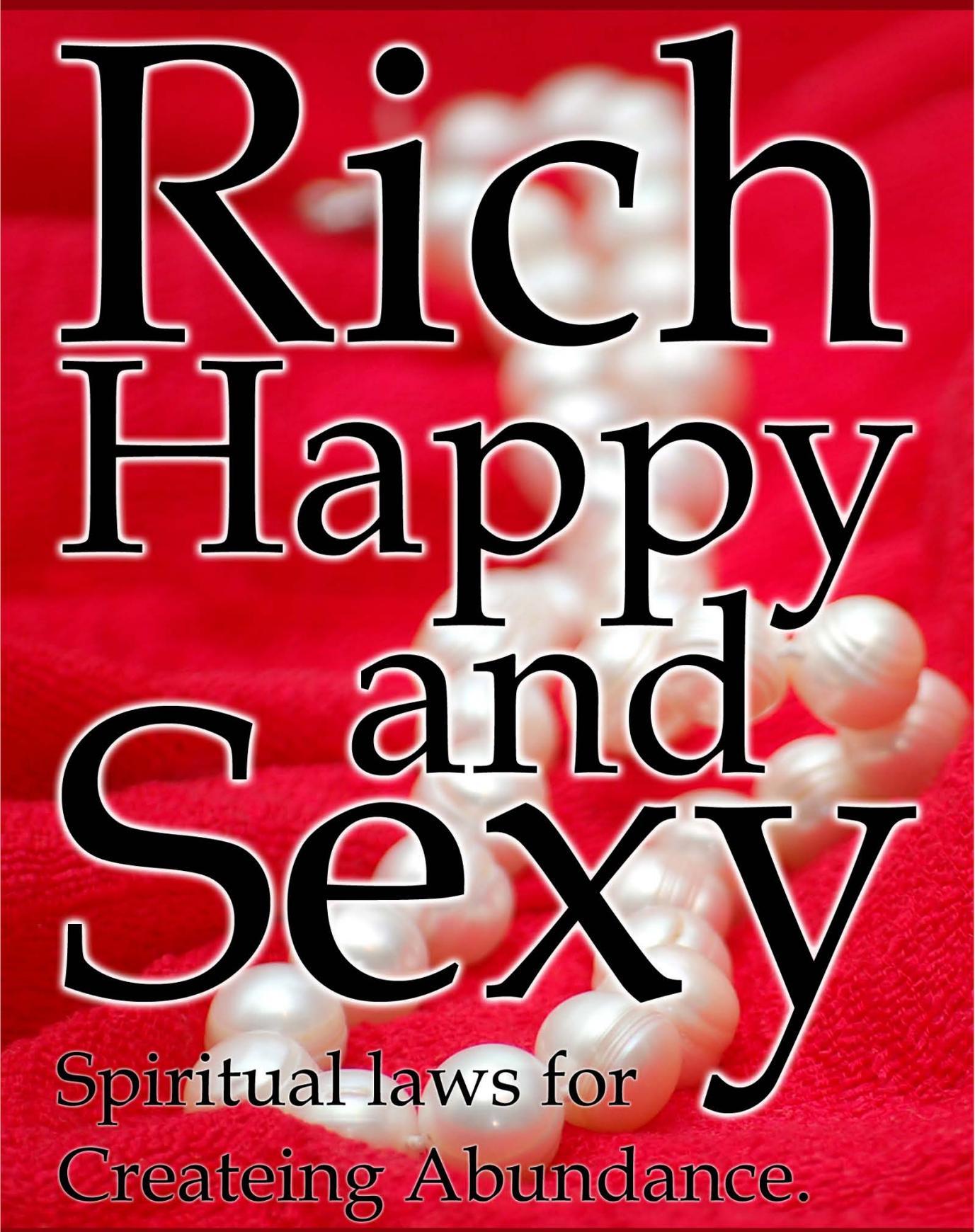


Lousky Method



Rich Happy and Sexy

Spiritual laws for
Createing Abundance.

Daniel Lousky, Ph.D.

Head of Lousky College in Israel

Rich Happy and Sexy

Spiritual Laws to create Abundance

by Lousky Daniel, PhD

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Rich Happy and Sexy

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Dedicated to my students.

What you have asked to learn passed through me.

What passed through me is what I asked to understand and internalize.

I dedicate this book to you with gratitude and eternal love.

Lousky Daniel

In the beginning

You stand at the front door that will take you into the journey of reading experience, like observation process that many others when true it, the ambitions, the dreams, the accomplishments, the love, the happiness and the wealth.

The book is written like cells, which combines into whole journey to success. Each cell is independent and each cell completes the others into whole sequence of experience, one whole body.

Many people want to see, to touch, to feel joy, to experience success. When they are out of borders, they want to enter inside, into the heart of success. When they are inside the process, it is hard for them.

Many find the appropriate excuse and give up the process, give up the possibility to reach joy, to experience success.

These people give up on their goals as well as on the process itself. If you are one of the "searchers", you are in the right place.

There is no need that everything comes clear to you from the first reading, the book is yours, look inside once in a while, and in time you will notice something new for yourself.

All that's been said here is not new for you and yet, not all is revealed. You know that everything has a good reason, be sure that everything is for the best and everything is good.

The information comes to you at the right time, information is absorbed by you only when you ready for it.

Eventually, all of us "search" the way which will help us to see who we are, to be quiet, to feel joy and to experience endless success.

I recommend you to read this book from the beginning to the end in one time, one breath. After the first reading, make this book your daily play. Select one cell and see what you have chosen and what the meaning of it is.

If you find in this book something that can help a friend of yours, do the proper action and buy this book as a gift for your friend. It is always better than giving an advice which nobody hears.

I hope you will enjoy reading this book.

Daniel Lousky.

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Success;

The cost of it

And the fear from it.

1. Who is rich, the man who is contented with his lot.

Who is happy, a man that loves himself in order to give to others.

Who is sexy, a person who is healthy in body and mind.

2. Most of the people want to be Rich, Happy and Sexy.

3. Most of the people want to gain happiness and success, but do not willing to do much to get happiness and success.

4. Most of the people are ready to pay the price of failure but not the price of success; most people are afraid of failure and even more of success.

5. Most of the people are going every morning to work, which they do not like; most people are in a place where they do not want to be, most people are not content with their lot.

6. Most of the people have sex rarely or don't have at all.

7. Most of the people are not aware of themselves and their real desires.

8. Most of the people occupy themselves with small details and neglect the serious subject, most people deal with small accounts, and most people make calculations with themselves and with their environment.

9. Most of the people holding on to what they achieved over the years from a young age or to what they received from someone else.

10. Most of the people want money, happiness and sex but they are connected to news, newspapers and to people who talk about troubles, illness and pain.

11. Most of the people do not believe that they can change their

situation and their reality, so the situation does not change and their reality does not change either.

12. Most of the people are far away from joy and success. They are so far away that they can't see anything from this distance.

13. Most of the people can't manage with the salary they get; most people are slaves of miserable salary, salary that dishonor them.

14. Most of the people act rationally, but the rational reality of most people is difficult and sad.

15. Most of the people operate with no inner logic. Most people persist doing what they have always done, persist to think like they always thought. They do not change, but they want their reality to change.

16. If you work hard all day, every day, many years and not getting anywhere, this is a sign for you that you are not in the right direction. Find yourself a mentor and teacher who will show you new possibilities.

17. If you want to be out of the reality that most people are in, you have to think opposite than the most, you need to act differently from the majority. You have to think differently to get different results. You have to change yourself in order to get different result.

18. If you want the outcome and the wealth, you have to be willing to make the effort till the result.

19. You already know that the price of success is high; you also know that the price of failure is much higher.

20. You have to know that when you decide to realize your dream, the closest people will try to steal it. They want you to stay with the majority and with them. They will tell you that "the more possessions, the more worry ", "What for do you need a big car?", "What for do you need a big house and a garden?", "What for do you need these pains?"

They are afraid that you will succeed; it threatens their special place with you.

21. During your transformation and your growth, you lose close friends, sometimes you get stronger and sometimes you lose your relationship, at the end of the process you gain everything you didn't have before, and it's always a lot more than you had.

22. You have to be prepared for that most people will not join you and will not encourage you; even not the closest, most people who are around you will stay with the majority.

23. You are about to go on a journey toward success and you are afraid. Naturally, you're going to turn to friends to join you on a journey of success and you are afraid.

Do not be afraid of the fear, do not be afraid at all.

When you are afraid of refuse, you invite refusal,

When you are afraid of failure you invite failure.

24. The truth is that you do not fear from failure, you're fear from success. Before you offered a friend to join you on a journey to success, he was outside the possibility to contribute your success. Only when you suggested a friend to join you, the opportunity of success is being created. Therefore, you are afraid from the fear itself, the fear from success.

25. Your deepest fear is from your inner power and not from your weakness; your deepest fear is from your talent and not from your ignorance or stupidity.

When you will liberate you from your fears, your presence will liberate others around you from their fears.

You already know that only those who are afraid from demons see demons.

26. Ask for the ability to find love in fear,

Ask for the wisdom to find simplicity in the complicity,

Ask for the strength to understand that you won't understand everything, although everything has a reason.

The Really Richest People

27. Rich, Happy and Sexy people are small minority, they live in reality which not make sense.
They know that it is not enough to dream in this reality, so they live their dreams.

28. The really richest people made their money with the help of other people's money and using other people's time.

29. The richest people who have big success, they sow where others did not want to see, they dared where others hesitated, they persisted where others gave up.

30. The richest of all time are those who knew to attract nearby more talented and smarter people than themselves.

31. The really richest people are those who raised a lot of money from a lot of people for the benefit and welfare of much many other people.

32. Not every rich – is happy and sexy,
Not every sexy – is rich and happy,
Not every happy – is rich and sexy.

33. The rich one does not have enough money to buy happiness, the sexy one does not have enough joy to make money, and only the one that is content with his lot is rich and sexy too.

34. Poor acts like poor and rich as rich.
Poor pays his debts to others first,
Rich pays first to himself.

35. The rich one doesn't think about money, the rich one doesn't ask about the price of a product or service, he examines the benefits it brings him.

36. Rich one finds hundred solutions to every problem,
poor one find a problem to every solution.

37. The rich one has a plan for each task,
the poor one has a good excuse to get out from any task.

38. Who are the really richest people?

What businesses do they make, what method have they adopted, where did they placed their business, what products do they market, when did they open their business, how do they deal with competitors, how did they find a suitable name for their business, who are their customers, how did they find the suppliers, which banks do they work with, how did they trained their employees and how much money they invested until they made it, when will they return the investment money, what is the risk they have taken, what is the anticipated profit, what are the possibilities for the future.

Is it possible to predict the market state, did they predicted their success. Do they know for sure they are going to succeed?

Yes, they knew, they saw the success long before success came.

They were rich long before the wealth came to them.

39. The richest people are the one that took the whole risk and therefore they had all the chances.

They did things out of devotion and belief that there is only one option for them.

The only option they saw is success.

40. The richest people of all times, experience many failures.

Each failure brings them closer to success; they earn their success through faith in their ability to succeed.

41. The rich people understand that every phenomenon is the creation of the person that observing it.

They understood that there is no specific way to wealth, because wealth is in the way itself.

42. The rich ones commit every action as if it was the last action in their life; they know that every day they are born again.

44. For the really rich people, life begins anew now, at this very moment.

45. The really rich are not afraid of anything; they know that the source of fear is lack of knowledge and ignorance.

46. The richest of all times, realized that they like a plant that needs light.

They realized that they grow from light and not from dark, they grow from actions and positive thinking and not from excuses, They grow from certainty and not from doubt, They grow from compassion and not from anger, from joy and not from sadness, from love and nor from fear.

47. The really richest people understand that if they surrounded with light, their business location is excellent, their employees are excited, their products are sold, the banks support their credits, new partners want to join their business, Everything works like by itself. Light which they are surrounded with shines on their business because their business and they grow from light and not from dark.

48. The learning process that you are in is work, a work that you took by yourself to do, it enfolds love in it, and the work is just something you see through your eyes.

49. Your need for money arises from fear, your need for happiness stems from love, love is the opposite of fear, never be afraid of anything. When you are not afraid to be down and out, it is like you have everything. When you have everything, you do not need anything, when you do not need anything, you are not afraid anymore. When fear disappears, enters love, and then enters - money, health, sex and happiness, one after the other.

50. You have to know that you are Rich, Happy and Sexy; you always were and always will be.

You have to believe in it, because only faith is going to bring you to new reality.

51. During the reading, you will understand the simple meaning how to be what you want to be.

You are now and always will be rich, happy and sexy.

52. During human history there were many rich people who gained their money from a lack of consensus with others and with complete alienation from the society in which they are incurred.

Some people trampling and stomping others in order to get rich,

There are also who are stealing and murdering others for money.

These are the people who have gained money out of their fear, their money is full with blood, hate, terror and fear.

These people know that there is no one in the world who loves them for what they are, but there are many who love their money and covet it.

They know why people are with them,

They know what kind of people they attract,

They are in constant fear because they know they do what they did.

They made money out of fear and terror and that is what they gained in life - fear and terror.

The truth is that the risk and the effort that you invest for being rich out of horror and fear, a greater then the effort you invest for being rich out of support and love to others.

53. If you are in the service of terror and fear, terror and fear will pursue you.

If you are in the service of poverty and pain, pain and poverty will be steady guests in your house.

If you are in the service of love, love will serve you,

if you are in the service of abundance, prosperity will walk with you.

54. If you do not have anything to live for, there will not be life for you.

If you do not have anything to work for, you will not have work.

If you do not have anything to love for, you will not have love.

If you do not have anything to be happy for, you will not have joy.

If you do not have anything to ache for, you will not have pain.

If you do not have anything to fight for, there is no war.

If you do not have anything to die for, you will not die.

**Challenges,
Limitations
And Habits.**

55. Ask yourself; what do you think about people?

What don't you like in other people?

What flaws do you see in others?

These are the issues you are coping with,
it is your challenge, and this is your mirror.

56. Criticism has cold,

Cynicism has cold air,

Debate has power,

Righteousness has righty,

Insult has misery,

in blaming others there is past without future.

57. You are angry at the stupidity of others,

you feel victim or exploited by others because you have someone to blame.

When you blame no one, you are not a victim and not exploited,
there are no stupid and you are not angry anymore.

58. When you are hungry, you do not feel good,

When you are sick, you do not feel good

When you are angry, you do not feel good

When you fall, you do not feel good

Hungry, sick, angry, falls - no difference.

59. When you feel bad, you're sick.

You gain profit from the disease and therefore you sick.

Sometimes illness benefits you will a short holiday,

Sometimes self-pity, sometimes attention.

It is always love which is missing.

The benefit you get from the disease is the cause of it.

Bring the benefit and the profit from elsewhere and thus prevent disease.

60. While your father begot you,

but you are the Son of God.

To be the son of God is a great gift, you are limitlessly loved, and you are precious, not replaceable diamond, you are one and unique. You cannot be compared to anyone, and no one can compare himself to you,

when you compare yourself to other you're more or less, you never equal, this is why you are not comparable with anything, because you are one. Your only test is in front of yourself; you can compare you with yourself and examine where you are in relation to yourself.

61. You are a part, and God is the whole, you are a part of God and you have the ability. In order to receive you need to know how to ask, you have to know the secret, to earn the secret you have to go through the journey till success.

62. Abundance is all around you, below you, above you and beside you. Happiness, money and sex fill you up, you're like a fish swimming in the sea and still searching the water.

63. Search your weaknesses and turn them into advantages, reverse weakness into success.

64. Search your madness and turn it into advantage, reverse madness into success.

65. All you 'have to do' or 'must do' in life, turn them into 'want' and 'love' to do.

66. Sometimes you do not understand what's happening, it's okay you don't have to understand everything. What you must understand is that everything happens for the best, be sure that everything comes from light.

67. Every man sometimes acts contrary to his beliefs, everything has a good reason, and not always you know the reason. Accept yourself with your limitations and your weaknesses, forgive yourself for your deliberated or mistaken actions, because only through acceptance and forgiveness you grow and develop into a better future.

68. When you hear but not listen, as if you been told but not understood. If the first one told you and you didn't listen, the other will

beat you till you listen.

The punches will come one after another. If you don't understand after the first punch, then the second one will follow and then the third.

Learn to look at the signs and the signals that the universe sends you, when something happens to you ask yourself why.

Listen to people around you, listen your body, and listen to the universe.

You always get signs before something happens to you.

Make your senses stronger and sharper, learned to distinguish, learn to observe.

69. You learn and teach, you reinforce your faith in what you've learned, instills the faith and one day you just act opposite from your beliefs, do not be surprised, it's okay, it's something that always happens to you, remember the fact that you are in learning presses, there is no guarantee that you will remember tomorrow what you have learned today. You have to memorize, repeat and learn again and again.

70. When you memorize the things you have learned, it changes. Every time you repeat the material you see something new. The truth is that the matter of learning hasn't been changed; it is you that's changing.

71. When you come to learn, come with an empty cup, be prepared to accept something new, your readiness would be perfect if you will come with simple knowing that there is always something to learn, even if your teacher is young and inexperienced. Perhaps his lack of experience will show you something you could not see the other way. Be open to absorb; create the conditions for flow and regeneration.

72. When you hear someone else speak, listen. Humans were given two ears and one mouth to see that listening doubly beneficial than speech.

When someone else speaks, see what you can take from it for yourself.

When you speak, usually you just repeat what you already know.

73. When you listen you can get something new for yourself.

In order you pick something new, you have to empty out the old, to pass your knowledge to someone else.

In order to get something new, you have to clean the old, be with nothing. When you transfer your knowledge to someone else, the knowledge belongs now to everyone, and then you can get new knowledge for yourself.

74. The knowledge you get always comes in the right time and place. Once you received knowledge, it is there for you, you can choose whether to accept or reject it.

75. Know that thoughts become words,
Words become actions,
Actions become habits,
Habits become your nature,
Your nature creates your reality,
Your habits create your future.

76. To win is a habit,
disease is a habit, to lose is a habit, to be wealthy is a habit,
sex and happiness are habits, and idleness and poverty are habits too.
So choose carefully your habits, your habits are those which create your reality.
Choose to be rich, happy and sexy.
Get used to your new status.

77. Do not let the feeling of loser become your habit,
do not let complaints become a part of your life.
Change your habits now, change your life.
It's in your hands.

78. Man who used to work every day doesn't see himself going to the pool or meeting friends for coffee the time that everybody else go to work.
Man who used to work every day would feel bad if he miss work for in favor of entertainment like the "rich" do.
A man has to prepare himself to be rich.
So start to think rich, happy and sexy.
Prepare yourself for your success.

79. In the workshop of life, there are those who laughing with tears

and those who are crying with laughter.

80. There are people who laughing despite poverty and there are those who crying despite wealth.

81. Get used to think positive, get used to be happy and loving, look at the world through pink-colored glasses, get used to the fact that only joy brings more joy, and therefore be only happy.

82. Look what the ego can do.

When somebody cuts or wounds you it hurts and then it stops.
When somebody insults you, it hurts and often it doesn't stop.

83. When something breaks down, you pick up the pieces.
When somebody rejects you, you are a wreck.

84. Passover is a reminder that you need to go out from slavery into freedom; you are a slave of your ego and your thoughts which you have adopted over the years.

You have to clean and arrange your thoughts at least once a year.
Now, this time that you are changing and growing, this is the time to do it.

85. When you protect yourself from others with your ego, you are protected and people cannot get close to you, but then, other people are also protected from you and you cannot approach them too.

86. When you hold on to something and not letting it go, it holds you back and not letting you go too.

87. When you hold on to the past and don't forgive, your past does not forgive you and not lets you go too.

88. When you hold on to the past, you cannot be at the present, you live in your past and you can't move on towards your goals.

89. You're stuck in one place for a long time,

because your wounded ego won't let you go.
The place you are stuck in, it's not yours, learn to let go and walk away.
However, if you cannot move with the change,
It's because you think you don't deserve it.

90. Bread, like ego, tends to swell and make a pose.

You need to find another pose, another approach, a new thought.
Put away the pose, put aside the ego.

91. The experience shows that whenever there are four bad options
which are you afraid from, the option are to occur.

It happens to you because your ego doesn't allow you to learn from others
something they've learned from their own experience.

92. When you act with ego, you rely on yourself and your mind
only. But compared to the experience of thousands of years of evolution,
your mind is limited. Let the ego go - Learn from others experience.

93. Ego is activated when something larger is near to something
smaller and inferior.

Ego is a fake feeling of power that you really don't have,
ego occupies the place of love and happiness in your life.

94. When you need something and can't be without it,
this is a sign for you that you are slave of your needs, of your ego.
The absolute freedom lays in your ability to be free from all personal
needs.

95. As a human, you were born with boundaries and limits;
you are limited to a certain frequency of your hearing ability,
you are limited in your visual ability, in the ability to understand and to
absorb.

Your disability as a human is necessary for your experience.
Life is like a game - there are rules and limitations, laws and regulations.
You can correct, improve and reform yourself because of these strict rules
which are been set up in your human nature.

96. Your physical limitations create difficulties, problems, diseases
and examinations.

You are experiencing limited world in which learning is the essence. Everything comes from light and everything comes to teach you something, to give you change and growth.

97. All your five senses are limited.

These limitations embarrassing you, because as a dog can smell and hear better than you, the radio can receive transmissions you can't receive, and the bird can do what you can only dream of doing.

As a human being, you got the ability to be the supreme ruler over your surrounding even though you're limited more than anyone around you. You can learn from this that your physical disability is a result of your thoughts.

You can also learn that because of your mind you have the advantage over your surroundings.

Your thoughts only are that determines whether it is an advantage either a limitation.

98. The limitations of time and space were created for you as a human being. As a human, you have two-dimensional ability, although space and time are three-dimensional.

You see everything through the limitations of the physical world.

You see everything in duality - yes or no, black or white, good or bad, right or wrong, joy or pain, love and fear, male and female, sperm and ovule, cause and effect, life and death, beginning and the end.

99. Time and space create movement; the movement creates a permanent change.

You are constantly chasing after time in one-way road towards future.

That is why it is so difficult for you to get out of your limitations.

The truth is, that the restrictions you are captured in as a human, allow you to fly higher than a bird, hear better than a dog and understand things that no electronic device can.

100. The universe is three-dimensional - relative

and contains: sound – frequency, light - color, shape - pattern.

Look at yourself from out of yourself; create a three-dimensional triangle against space and time.

Quit for a while from the movement that appears trough time and space, move on from a three-dimensional relative sphere, and then you will see something you didn't know you did not knew.

While standing still, you can be in the past and in your future, all in

present time.

101. Love is glue that keeps you within limitations;
you are always willing to change in order to keep your love.
Your love is the purpose of your life.
Love is the reason for all occurrences.
Love is the cause of all causes.

102. The happiness is your compass to your destiny.
When you are truly happy, you know you're in the right place.
Happiness was given to you to help you find the right place,
and the right place for you is always where your happiness is.
Follow your happiness; it will lead you to your destiny.

103. Wherever you are in joy and love,
there are your destiny and the purpose of your life.
Joy and love are your absolute truth.

**What do you really want;
your goals;
Your dreams.**

104. Search after your motive, search after your dream.

Check what is your need, what is it that you really want.

Do you need new friends, leadership, challenge, money, health, self-fulfillment, a new home, personal freedom, status, lifestyle, growth and change, studies, a new car, traveling abroad?

Ask yourself, whether what you are doing now will bring you where you want to go?

When you'll know what you really want, the miracle will happen.

105. When you work for a thousand dollars a month salary, you can't make it till the end of the month, and what happens to you during the month terminates you, you are afraid.

106. Instead of your fear will overcome your dream, find such a dream which overcomes your fear.

107. Find the only possible dream for you, find your real dream. There you will see yourself clearly, This dream will overcome your ego and your fears.

108. Your success is as high as your needs. To get more of it, take your success up to the level of your group's needs, and up to the level of your city's or your state's needs.

109. If you want to know how to earn twenty thousand dollars a month, consult with those who already earn twenty thousand dollars a month. Do not ask those that end the month with five hundred dollars.

110. If you went into a 'coma' and you are already waiting for retirement, you are already retired. If you are into excitement and waiting to happiness to come, you are rich and happy.

111. The only person you need to convince that you are in the right way, is yourself.

112. Search the activity in which you become what you are, who you want to be.

113. If you'll try to be what you don't want to be, the result you'll get will be what you don't want to get.

114. Put your dreams and your vision far away from your reality and walk confidently toward them, never look back.

115. Set your target in accordance with your destiny. If your target is far from being your destiny, so the target and the destiny will both be far from you.

116. Think about your goals, talk about them, and write them down. They will become your new reality, because, thought becomes words, words become actions, actions require effort and intention, and indented effort creates new reality.

117. If you have no goals, you have no way to get them. When you'll set your goals, write them and talk about them - you'll see them. When you'll see your goals, you'll see the way to achieve them. If you have no goals, you have nowhere to go, like if you got lost. When you have no goals, you're like a plane which took off but has no aerodrome to land, there is no doubt that the plane would fall and crash, it is only a matter of time.

118. Goals without commitment to carry them out -
Is like commitment without concessions -
Is like concessions without changing priorities -
Is like changing priorities without a plan -
Is like plan without action -
Is like action without results.

119. When the result is far from your goals, check if you can already see what you want, or you still want what you see.

120. When you set your goals,
do it based on the supreme cause "to receive in order to give",
set the goals as a result of the supreme cause.

121. Say loudly and clearly what you want from yourself,
say it to the universe and the people around you.
Activate the creative power of words; bring the miracle into your life.

122. Write down your goals, be proud of them,
talk about them, dance with them, sing your goals, shout them out,
and go to sleep with them, dream about them.
Wake up with them in the morning, fall in love with them,
fall in love with yourself and they will fall in love with you too.

123. There is a gap between your dream and the reality you live in.
The gap between what you want and what you have creates tension that
wants to close itself. On one hand you pull the dream into your reality; on
the other hand, the reality pulls the dream and threatens to swallow it.

124. If your dream about money and sex,
it is because you believe that money and sex drive the world,
As long as you believe that, you are a prisoner of money and sex.
If you investigate and ask what drives sex and money, you'll find that one
thing drives another which drives another endlessly,
because the dream you are really looking for, is the freedom to dream.

125. Your dream can be the source of your energy and your
driving force. In order to live in a dreamlike reality, you need to turn the
dream into reality.

126. You need to dream a huge dream in order to realize a big
dream. You cannot dream a small dream and get bigger reality; whatever
you'll ask for is what you'll get.

127. If you want to realize your dream, first of all, wake up.

128. The result is very important, the process is important even

more. You get the result at a very specific moment, while the process takes much longer, sometimes for years, sometimes for a lifetime.

129. Only when you define target, the process is created, but the moment the process is created, there is no need for you to have target.

130. Invert the process into a target.

While seeing the process as a target, you'll invert the path into a joy and fun. It will be easy for you to achieve the target; anyway, the target will not be so important for you anymore.

There is no one way to happiness, because happiness lays in the way itself.

131. "Because it is no matter where we go, and no matter what we do, as long as we do it together, one with each other"

132. The most fantastic things can be part of your reality, only if you believe that your reality is fantastic.

133. Not everything that sounds too good to be true, is imaginary. Not all that look imaginary are not real; anyway, the reality is much wilder than any imagination.

Think positive,

Change your attitude,

Be complete.

134. Change whatever you can change,
and accept the things which you cannot.

135. Don't let whoever you are to disturb the one you can and want
to be.

136. Change your attitude, look at life and the world from a new
perspective.

Loosen up from the old programs;
loosen up from the brainwash you made yourself.

137. Make peace with yourself.

Be complete with your actions.
Go out to the journey of success with completeness.

138. Change is the secret of life.

There is no even one second which is similar to the previous one,
accept the change and flow with it toward the success.

139. Think positive.

Instead of a problem, think of a challenge,
Instead of criticism, give appreciation,
Instead of accusation, make a decision,
Instead of anger, compassion,
Instead of fear, love.

140. If chair moved away and you have no way to move it back,
move yourself towards the chair, don't try to move the room.

141. So much time you've been messing with your past, get out of
it. When you scratch a wound, it hurts and bleeds.
Your wounds may have healed a long time ago and you're still scratching.

You should check if you're not produce a new wound, so you'll have something to scratch, and to feel pain. Pain is just another excuse that might delay you. Free your wounds and go out to freedom yourself.

142. You are now in the process of change.

Time is the ultimate proof that you are constantly changing.

Time is changing every second; time symbolizes the change that appears within you.

The change of time is what creates movement and flow.

Change occurs by the way of cause and effect,
any consequence has a reason.

You do not always see the reason but it is there, with time you'll see the reason of all changes you generate now within you.

143. Sometimes the reason a very close to the result, like boiling

water that hurt immediately. Sometimes the reason is far away like the destination you asked to reach but the result will come only after sometime.

144. When you want to change others,

you already know it's not possible.

No one is willing to change just because you want to.

And at the same time you are not changing too,
because you're busy trying to change others.

145. When you change yourself,

others also change themselves for you.

Anyway, they seem to be different, because you are not the same.

If you cannot change others and others cannot change you, what is left that everyone will change himself and all of us will be different eventually.

146. You are making great efforts to change others,

just not to change yourself.

You are being smart and guide other people toward their change, all for that you don't have to change yourself.

You must give up your desire to change others rather than change yourself, that's the only way you can see another possibility.

147. You already know you cannot change others and you do not have the ability to change the reality around you, but you have the freedom to choose the way you see reality, and that is more practical than your attempts to change the world.

148. Don't be in love with whoever you are; accept the change that occurs within you. The only way to know yourself is to accept you together with the change.

149. When you love the change which is going to happen to you before it occurs, it is the sign that you love yourself unconditionally.

150. When you are angry and problems upset you, you produce more problems. Do not try to overtake problems and ignore them. Enter inside them; turn your problems into a challenge, that's the only way to make them disappear.

151. Turn your weaknesses into your strength. Talk about your weaknesses, laugh on your limitations, accept them and accept yourself, then others will accept you and your limitations too.

152. Turn expected failure into success. Make your own interpretation of the failure, learn and grow with the failure towards your next success.

153. Turn a mishap into correction,

A problem, into experience,
Difficulty, into challenge.
Turn effort into pleasure and you'll get there.

154. Try to use humor, try laughing, dancing, professionalism -
persist to change it all.

Do not repeat mistakes and faults you had on your way.

155. Persist to change the system, the means and your attitude till
you'll find whatever works for you

156. Everything you receive without bothering for it is worthless
to you, whatever you receive with zero effort, equals zero to you.

157. When change comes from self-discipline, you can see a new
meaning for your life through it.

158. Whatever is obvious to you, it is something you think you do
not deserve, or worthless for you.

Good things come only if you are waiting for them,
because you're waiting only for good things.

159. The number nine symbolizes the end of the road, a closure.

The next number after nine is one – a start.

Nine symbolizes embryo, birth - a new beginning.

Nine allows you to see that every circle ends exactly where it started.

Double nine with any other number and you will get a number that the
amount of its digits is nine again.

When you close one circle, you can start a new one.

Learn that you have to close circuits with yourself and your surroundings.

160. Turn every end into a starting point, close circles,
exit negotiations the way you can return.

Turn a relationship that finished into a new beginning of a brave friendship

161. There is no good or bad,

No true or false,
there is no right or wrong,
No beautiful or ugly,
No righteous or wicked,
everything is in your mind and through your eyes,
you see what you want to see.

162. You should know that when you say you're a failure, you are right, you're a failure.

And when you say you're a winner,
you're right again. You are a winner.
You are right in everything you say;
this is your truth and your belief that's why you're always right.

163. You're looking for justice and do not find it,

because there is no real justice.
Those who are looking for justice, destined to find righteousness.
What is right for you is not right for someone else,
and what is just for you is not just for others.
Justice is a point of view and personal opinion, justice is not an absolute truth.

164. Whatever is cheaper, not necessarily is worse.

Whatever is more expensive, not necessarily is better.
Cheap or expensive, good or bad, they are personal opinion of the observer.

165. Any consequence has a reason.

Each student finds his teacher,
every patient finds his doctor,

every pot has a suitable lid,
every lock has a key that fits it right,
there is no good or bad, everything is good, everything is wonderful.
There is only suitable or not suitable.

166. Learn to see your half full glass.

If you see the half empty glass long enough,
eventually you will realize that you don't need any glass at all.

167. Learn to see the beautiful things in life,

if you continue to see only the negative,
eventually you will ask, why do I have to live?

168. Learn to have a positive view on things that seem to be
negative to others.

Learn to say "yes" instead of "no" and then you will notice that
abundance and wealth are in "yes" while lack and poverty are in "no"

169. When somebody says "no" to you,

it means that "yes" is coming your way.

When many people say "no" to you, it means that "yes" is very, very
close.

170. You should ask for one percent from one hundred people
instead of asking one hundred percent from one person.

171. Know that when something goes away,

this is a sign that something else is coming your way.

172. When you release something that holding you back,
something else will come and promote you.

173. When you release something with love,

something better is coming.

174. Release with love everything you got and were yours.

Release with love all the things they didn't want to give you and weren't yours, release yourself with love, go out to real freedom.

175. Stress and relaxation are human nature.

Hold on tight to what you have obtained and learned to let go easily,
Hold again and then release, this way you'll generate flow, health and abundance.

176. The whole wisdom lays in simplicity.

Pay attention that you turn everything simple into complicated and then to simple and then to complicated again, and so on.

Eventually, all the accumulated wisdom from this process lays in you.

Complexity is an essential phase in your development.

Don't stay there for too long, always return to simplicity,
and make your life simple.

The trick is to make things simple and not complicated.

Sometimes, it has to be simple or it simply can't be.

177. You already know you're not perfect and you can't do

everything by yourself, perfection lays in wholeness and you are just a part of the whole.

If you have a disadvantage, make a connection with somebody who doesn't have this disadvantage,

if your ability to express yourself is not so good, make a connection to somebody who can speak well.

If you are not well in economy, make a connection with economist.

You can be perfect if you connect with people who complete whatever you are missing.

178. You are still not rich but you keep talking about that you want

to be rich.

You are just pretending yourself; you do not really want to be rich.
You must understand by yourself why this is happening to you.

179. When you can't do something, you're looking for excuses;

"I'm tired, I have no money, I do not know what to do".

You find every possible excuse to make a failure.

The truth is that you don't really want to,
and that's why it doesn't work for you.

180. Silence qualifies wisdom.

Make introduction with silence, make introduction with the secret
wisdom of silence.

Practice daily meditation, five minutes or an hour and you will notice the
difference, you will notice the wisdom.

181. You can tell that you don't really want something when you
are in doubt about the success or when you start making excuses.

182. Pay attention that when you really want something,
everything moves aside and you get exactly what you want.

183. Act out from offensive attack and not from a defensive

weakness, be the one to influence and not to respond.

Defense does not create anything; it is just a reaction on someone else's
action. The creative aggression which comes during birth creates new
life. Be assertive and influence your life and your surroundings.

184. In order to be rich, you have to feel rich and act like rich.

A rich one always gives to others, even when he doesn't have a thing.
The role requires too.

185. When somebody asks you for support but you don't reply it,
it means that you don't want to be a "giver".

In time, you may change roles and find yourself with those who asking and not giving.

186. When you give something to others -

Give it secretly and forget about it.

When you receive from others,
remember and do not forget who gave it to you.

187. In order to change your reality,

you have to make a real change.

If you'll enlarge the key and lock the same size,
the key will still fits the lock and nothing will change.

If you'll add a small pin to the key or the lock,
the key will not fit the lock, and then the change will occur.

188. Life compound of small details.

If you want to make a change, you don't have to change the whole life,
change each time a small detail and you'll see your life changing
completely.

See the way a drop of milk changes the color of the coffee
unrecognizably.

189. If you wish for happiness and money, connect to people and

places with health, happiness, wealth, love and sex.

Connect to people with positive thinking and a positive life attitude.

190. Life is not black and white.

Life is full of color in different shades and limitless possibilities.

191. Color Your Life with

pink and green, blue and purple.

192. Stop dreaming about your life,

Live your dream.

193. Do not wait for inspiration to come,

go and bring it.

Do not wait for an opportunity to come,

go and find it.

194. Any time, any situation, any age, anywhere;

Life starts right now.

Discover yourself,

Your joy,

And your truth

195. Go to the ant lazy and learn its ways.

196. Go to the water, with no faith,
and learn how to penetrate the rock,
with persistence and endless devotion.

197. The secret to success is persistence,
persist with your change till you find the light.

198. You can make rational decision
and dig in rational analysis till death,
or you can work with your intuition.
Your intuition is your connection to the infinite.

199. When there is a doubt, there is no doubt;
it's a sign that you don't really want to.
When you have a doubt, instead of entering suspected failure,
get out of it.
It will always be the truth, because you are not really in to it.

200. Doubt will always fail you down.
Doubt is like a crack turning into a fracture,
and fracture will always burst the dam.

201. The glue that can defragment doubt
is the certainty in your success,
the certainty in your ability of everything and everywhere.
Because light is everywhere, always.
The light is here at your service.

202. Doubt is the dankness at the end of the light,
doubt is devil, like a negative thought which leads to certain failure.

Doubt like the darkness is only in your mind, they do not really exist.
Your limitations don't allow you to see enough light, but the light is there.
Small light always overcomes big darkness,
and positive thinking turns every problem into experience.

203. When you say "I wish I would to be rich" instead of saying

"I'm rich", it means you don't really want to be rich.

"I wish" means doubt, doubt creates failure.

Doubt is a crack that wishes to turn into a big hole.

You must see the success in your eyes if you want to earn success.

204. When you say "I wish I'd succeed" you are looking for

excuses to walk away from your goals.

You don't want them enough.

When you really want, you say "I am successful".

Only when you really want something for your life, you get it.

Note that when you really want something, you write and talk about your success, you see what you want, and you dream about it, you even don't want to sleep because you're waiting for morning to start doing it.

You are eager, excited, and enthusiastic and believe it with all your heart.

You prepare yourself for success, you always obedient to your will.

At the end of happy and challenging presses, you get what you want, you succeed.

205. The equality you are looking for between people is in the

complete picture, you can't find it in one year or even one life time.

206. The freedom you are really looking for is the freedom from

yourself. Freedom from frustration, failures, freedom from pain you are carrying from your past. The freedom you are looking for is freedom from the mistaken child in you.

207. Take the freedom to be whoever you want to be,

because you can be whoever you want to be.

208. Intention is the key for creating abundance in your life.

Intention is the vessel through which you create the ability to be happy and in love. Intention is created through thoughts.

Intention is like a remote control that opens a door, only if you point it to the right place, you will open your door.

209. When a guest comes to you,

you can say to yourself: "Who needs this hassle",

and you can say: "I thank for the possibility was given to me to host".

In both cases you're going to host and to give from yourself.

The question is how much happiness you will produce with the first option and how much happiness you will produce with the second one.

Anyway, always choose happiness.

210. Giving service to other people is a privilege and not a duty.

When you give service to someone else, you unload excess baggage from yourself.

As a teacher, you unload knowledge and allow the entry of new knowledge.

As a trader, you move on merchandise, and this way you increase sales volume.

As a banker, you're pouring money and this way you increase the business cycle. As a lover, you unload your love, through your beloved one. Imagine a situation where you are full of love but you have no one to give it to.

You should be grateful to the one you gave service to, because he gave you the possibility to unload everything you had and this way to gain something new instead.

211. Karma is the cause that seeing a malfunction as problem or

as experience. Karma is an illusion of the mind.

After every action of yours, you produce karma in terms of good or bad, and you're going to pay for what you've done or to receive a prize.

212. The meaning of "Tit for tat" is not what you thought.

The secret behind the idea of "Tit for tat" tells you that whatever you've done and you think is wrong, you are going to pay for it.

"Tit for tat" is your revenge in yourself, it is the judgment that you give yourself, it is your belief, and it is your karma.

213. Karma is an illusion of the mind that you have created so you can repair and improve your skills.

The fact that only you can create karma and judgment as "Tit for tat" proves that only you can cancel the judgment, to burn your karma and to eliminate it completely.

Canceling your karma will eliminate the idea of "Tit for tat" and you revenge, and will allow you to connect to the truth in you, to your joy, your love and to abundance.

214. Forgiving others is to forgive you.

Forgiveness and compassion will set you free and burn the karma you have gathered for generations.

Forgiveness releases you from blame to others and yourself.

You exist, that's why others exist, others exist, and that's why you exist.

215. Karma is the engine of death and rebirth. Canceling karma will cancel death of everything in the physical world, and therefore will not be to rebirth.

216. The thing that prevents you from understanding what is actually happens to you is the thing which gives you respect and appreciation.

Note that only when you don't understand, you struggle, and only when you struggle, you grow.

217. When you did not have money you were sad and you were

not at your best.

You want to be rich in order to gain financial security, you gain financial security in order to be sexy, you want to be sexy and in your best in order to smile all day and to get smiles back.

That's right, you want money and you want to be sexy, but most of all, you want respect, attention, joy and love.

Altogether, you just want the world to smile at you.

218. Search after the "searchers" and the happy ones.

Search after those who are searching like you - joy, love and abundance. Fill up your surrounding with those "searchers".

219. Wherever you're happy and love what you do, there is your greatest success.

Apparently, the test of success is in the result that you get, but joy is in the way itself toward result.

Therefore, take the way and not the result which is at the end of it.

You don't want to be at no end of any way.

You want to be constantly in the process, you just want to be.

220. Pray every day, do meditation, unite with yourself your special way.

Ask from God, ask from your spiritual guide, ask from universe, and ask from yourself and anyone who you believe can help you. Ask to have the ability to create happiness in your life.

Happiness is the energy which will make you rich and sexy, healthy, successful and endlessly wealthy.

221. When blood flows freely in your body, you are healthy.

When sex, wealth and success flowing freely in your life, you are in perfect health.

222. If sex brings you joy, when you don't have sex, you have no joy. If money brings you happiness, when you don't have money, you

don't have joy.

Your happiness should not be dependent on any external factor.

Because only joy can make you happy,
because happiness comes only from joy.

223. Wealth worth a lot.

Love and sex are worth more than a lot.

Wealth, Sex and joy worth the most there is.

224. Money can buy you anything, except from the most important things in life, which are love and joy.

So, just be happy in the way toward money, be happy when you're in love. Be only happy.

225. Money does not bring happiness,

Happiness brings money, so go and bring joy into your life,
it will produce for you money, sex and good health.

226. Give up your own story.

Your story is just a cover and play, look for the essence,
search after truth, and search after yourself.

Search after joy in you.

227. If you continue to hold on to your old story,

there won't be a way for you to start a new one.

228. When something new comes your way, it is easier to give up the old one.

Sometimes, the new one comes only when it notices that there is an empty space for it.

229. When you are looking after a sign that you are missing something, you always want something because you are always missing.

Those who have money want more money.

Those who have love want more love.

The deficiency is constant and therefore the desire to receive stays constant.

230. If you don't want anything,

you are not missing anything and you will not have anything.

231. The size of pleasure and enjoyment

is measured by the desire to receive them.

Whenever the desire to receive is bigger,
the same rate, there is a greater pleasure.

232. Connect yourself, to your inner self, to who you really are.

Do not try to imitate others, be yourself, and act out of your changing personality.

Every second is a new second it is different than the last one,
you change the same way as time do, therefore you can't and don't need to know yourself. The way to really know you is to accept yourself and act out of forgiveness and love.

233. Peace, quiet and getting into yourself,

stimulate new life and re-discovering the hidden powers within you.

234. The real joy located within you.

The journey inward is difficult, long and complicated.

But when you arrive there, you'll wonder why you delayed for so long.

235. You have to be complete with yourself.

This way you'll find the completeness and the peace within you.

236. Once you know where you're going to,

How are you going to get there,

How big is your progress, and what delays you,
then you'll know you're in the right way.

237. Your need to learn and grow,

your need to receive for yourself, to nurture yourself
and to build yourself is necessity which creates all others.
You're like a big column which supports a big building,
if you don't build well the columns, the whole building can collapse.

238. As a human, you have a role and a plan which been created

by yourself, it is your destiny.
Destiny is like a plan, it can be changed.
Every plan is a base for changes.

239. Thought has the power to create words,

words have the power to create actions, and actions create a new reality.
You already know that thought is a possibility that becomes reality.

240. You choose whether to be a victim or winner.

You choose to be poor or rich,
to reach out or to be a giver,
to be a student or a teacher,
to be ugly or sexy.

You choose whether to be sad or happy,
live in fear or in love,
to be or not to be.

You choose to create serenity in time of storm, or create storm in a
teacup.

Only you decide who you are.

**The Journey,
The road
and the success.**

241. Each big tree once was a little seed.

Every journey for big success begins with one small step.

There are trees that grow in a short time and there are those which grow only after many years.

There are long and difficult journeys and there are short and simple trips. Choose the path your journey; choose the method and participants of your journey carefully. It's all in your hands.

242. Take control of your schedule.

Take control of all the great things life gives you in your time.

Take control of your time during your journey, otherwise, others time will control your life and you won't get anywhere.

243. It is right that luck knocks on your door more than once,

but you can open the door at the first time and you should be home when it comes in.

244. The truth is that you create your luck by yourself.

Listen, watch, smell, taste, feel, turn on your intuition, don't pretend you don't know it.

245. Your road and your path will be clear, your luck will smile at you when you'll know:

Where are you going, what is your vision, how do you plan to get there, what is the job you have, how much you think you improved, are you aware of the process, what is your challenge.

246. When you wish to fill a vessel with different stuff,

put first the largest and the most important stones, then put the small stones, the sand, and at the end put in the water, till the vessel is completely full.

If you put first water and sand, there will not be a way for you to put in the large stones after.

247. When you set priorities in your life, be sure to accomplish first the most important goals and then the secondary ones. This way you'll accomplish the largest and the most important goals in life and the secondary ones as well, this way you will make it complete.

248. The way for making more money is in replication.

Search after good people, be their partner and make sure they will earn whatever you dream to earn. The result will be that you will earn ten times more than you've ever dreamed.

249. You can count how many seeds there are in one apple, but you can't count how many apples there are in one seed. You can count how much encouragement you gave after one success, but you can't count the number of successes will come after one encouragement.

250. Attract to you one qualitative man, support him, foster him, love him, praise him. He will replicate you and your success, for you.

251. When you make love you have children, when you like people, you have friends. When you like your friends, you make partners for your success.

252. Duplicate your success, your time, your money and your dreams.

253. In a regular pyramid, you try to climb to the top with the rest of your strength, but you always stay outside the pyramid. Search after the inverted pyramid, there you will surf with pleasure to the top of your success

and you'll always stay within the pyramid.

254. In order to succeed in journey to success,
you have to have a product that is being sold,
a fascinating story and a method by which you can lead people.

255. The best investment of your business,
is the investment in your personal development.

256. The truth is that no one wants to invest in personal
development same way as no one wants to buy medicine.
Whoever buys medicine wants health,
and whoever buys personal development want more success and more
happiness in life.

257. When you enjoy what you do,
this is a sign that you're on the way to success.

258. Your journey will summon you to meet many people.

Stick to the key people you meet.

Key people are those who have strong presence, they talk; they don't
accept bitterness, they have ideas, they are creative, they are
knowledgeable and experienced.

They manage work with humor and they are walking ahead.

259. In your way you will meet people who will not get your
message and will not see what you see.

Don't let them delay you and don't give up on them, because they are part
of you.

Time will come and they will be ready, then they will come to you.

260. Sometimes those who are not "key" people, and don't have
presence, will introduce you to other key people or promote you a big

step to key people.

261. Even if you didn't find key people, don't settle for people who give just a little and make calculations with you.

These people, they have small gift to you but great humiliation.

Gather with you people who will bring you abundance, all the time.

262. 10% of the people around you produce 90% of their output, and they are your "key" people.

That is why you should invest 90% of your time in 10% of the people who produce wealth for themselves and their surroundings.

263. At the beginning of your journey, you will ask the closest people to you to join you.

You have to know that the economic and social status of the 10 closest people to you, they reflect your status.

If you want to change this status of yours, you must help your closest friends get there first, otherwise you'll have to change your friends.

264. When you gather people to join you on your journey, there will be many of them who will not.

You can say: "One of each ten joins me on a journey" or "nine out each ten refuse to join me."

The difference is in the amount of joy you will take with you.

Always choose joy.

265. Lots of people will say that they will join you for the money, and they will stay with you for a long time even though there is no money.

266. People work for money, but they will work harder for recognition, friendship and joy.

267. Show interest in people, be excited from them,

compliment them, believe in them, and get out of yourself in order to see what is really important to them.

This is the only way you'll discover what is really important to you.

268. In order to succeed, you have to go with things all the way.

Did you start something new?

Make a commitment! "I'm here till I'll succeed", "I'm here and I do it right".

Otherwise you don't really want to and you do not really going to succeed.

269. In a race, the difference between first place and fifth place is in one second or less.

You should learn from this that a small effort makes the big difference between success and failure.

270. A person who is successful is the one who did little bit more than a person who didn't, and that "little bit" is which makes the difference.

271. "Pay It Forward".

Don't try to teach someone else something you learned before he commits to teach others whatever you are going to teach him.

272. Many times people don't understand exactly what you said.

They join the personality and enthusiasm in you, they join your faith.

273. Your enthusiasm is a result of your personal experience;

your personal experience is what drives people to you.

"We'll do and listen" is to say that you should do something first and then you'll understand the hidden meaning of the process and the experience.

You can feel the experience before you enter into it.

Even people around you prefer to feel the experience through you.

They prefer to join those who already have the experience and not from

those who learned in books how somebody else did

274. Draw people into success.

Pull them to success but do not push them there.

When you pull them, they arise, when you push, they fall.

275. Sell the wonderful feeling which created by success,
do not try to sell success.

276. Sell the good smell of the perfume,
the perfume will be sold by itself.

277. The one who is addicted to the atmosphere created by candle,
he will always buy candles.

278. Get out of your comfort zone, go out to the field,
go and visit your customer in his comfort zone.
When you go out of your comfort zone,
you expand the boundaries of your understanding;
you enter into what you did not know you did not know.

279. When you go out of your comfort zone,
you expand the circle of your opportunities.

280. Money, happiness or sex,
they are skills you need to learn it and practice,
it is not obvious, it does not happen by itself.

281. To be sexy like to be rich, like being happy.

You have to think about it, talk about it, work on it, and believe it,
till it comes.

282. When you think sexy, you feel sexy, you are sexy.

When you think rich, you feel rich, you are rich.

When you think happy, you feel happy, you are happy.

283. Thought is a seed.

It is the beginning of an idea which you want to materialize in your life. In order the seed germinates and grows, you need to plant it and water it till it grows.

If you write and talk about your thought, it begins to germinate and gain traction by itself; it is like a seed planted in the ground.

284. If you plant orange tree seed, you cannot get lemon tree.

Whatever you plant is what you get.

If you don't plant any seed, a tree will not grow there.

285. When the result is not compatible with the target,

talk to your advisors, talk to your mentor, to your sponsor, to your partners. Talk to anyone who can help you, do not give up.

Check what you sow, and why didn't you get the desired result.

286. When you want to present a business idea to your friend,

help him find a way to satisfy his need.

Find his need, don't think about yourself, and think about him.

If he will join you because of your need, it won't last.

287. When you offer a business proposal to a friend,

always present more than one positive option.

Show him different options how to join your journey.

Let him decide for himself one positive decision, out of two or more positive options.

288. Buyer's interest must be greater than the seller's one.

The tool should be large enough to accommodate the light.
Make a fair presentation with the idea you about to offer him.
Enable him to make his own decision, after he heard you enough time,
the serious way, and at his own comfort zone.

289. You will not have second chance to make first impression.

That is why you have to choose positive time and date and the right place.
Be concentrated with the essence and not with the external elements such
as beauty and form.

Turn the chaos and the disorder which looks like shapeless heap, into an
organized pattern.

290. To give service is a privilege and not a duty.

Whoever gets the privilege to serve other people is a person who has
something to give.

People ask to receive only from someone who has something to give.

291. In order to create flow, give only to those who deserve it.

Make the first step only after the other committed to make the second
one.

292. Build your success the way each meeting will produce
replication.

Duplicate your time and this way you will duplicate the money you earn.

293. Duplicate the method, duplicate the knowledge, and duplicate
the faith and the enthusiasm.

Duplicate the joy in you and your love.

294. A new partner who joins you is like a newborn baby.

In the early days he needs protection and support – the beginning is hard.
But after learning period and proper training, he "lights engines" and
soars with all the strength into the sky.

Now, he is like a seagull, soaring high and far and when he is up high,

he can glide – a long float – for days and months. He can go back and take off and fly to other highs without much effort.

295. Sometimes, even the successful seagull doesn't see the direction, sometimes it losing height - it's scary and puts it under pressure.

It is time to give support and assistance to a friend,

It is time to show him the way,

it is time to fly with him and pick him up.

Think about your friend - think about what you can do for him.

296. Give support to each member of the group,

your group is like a well.

The more wells there are, the more confidence that you have water there.

Deepen the well of abundance as possible so you will never be thirsty.

297. If you believe in yourself, other people will believe in you.

People like you because you work with your personality and your charm.

It is better than any sales art, or sales method.

When you believe in yourself, others will believe in you.

298. Duplicate the method only.

Do not try to duplicate personality or character of others.

Be yourself, because you are one, unique.

Your personality can't be duplicated.

299. Duplication is the nature of the universe and of human nature;

People breed, animals breed.

Humans produce new life and enhancing the future generations.

Production of new life is the result of loving relationships.

The more love there is, the more life is being produced, the more duplication.

Duplicate yourself and your abilities with the power of love.

300. Duplication and the establishment of strong and stable groups are created out of giving.

Watch and listen to your friends needs, and out the need you found, give a good advice, give support and give love.

301. When you give from yourself to a new partner, support him, teach him and send him on his way, he will do for others what you did for him.

He will return to you a thousand times more value than you gave him.

302. Think about what you can do for another.

"Cast your bread upon the waters for after many days you will find".

Act with "quantum" awareness, give without counting.

Sometimes a small detail makes all the difference, because the last straw is the one that breaks the camel's back.

303. Pass on - Learn to receive in order to give.

Take from the universe all you can take and then pass it on to others.

304. Drop your old software, give without counting.

"To give in order to receive" means accountancy;

it draws frustration and malfunctions, diseases and failures.

"To receive in order to give" is a proven formula for success.

305. Listen, write, learn,

transfer to others what you have learned,

make it yourself and show others how to do it.

306. Be leader.

A leader is the one who knows how produce more leaders.

A winner is the one who leads many others to success.

Your success as a leader depends on the success of your partners.

Be leader with a vision.

Be the leader who sees the way for himself.

Once you know where you are going,
then you can guide others toward their vision.

307. A great leader is the one who motivates many other leaders
who motivate many other leaders.

A real star is the one who creates other stars.

A true master is the one who guides other masters.

308. Spend at least one hour daily learning and reading new
material so that you will have something to give others.

Spend one hour a day training and simulating with leaders in your group.

309. The more possessions, more worries.

Take care and worry about your people, the more you'll take care of them,
the more possessions you'll have.

310. Build an organization based on higher cause.

Higher cause is the one when your goals produce joy for many others.

Build a solid business; build an organization where you are like everyone
else. Build organization where you are equal.

Share the organization with your friends,
and make decisions only after consultation.

311. Money is a means to fulfill dreams.

Dreams and lifestyle are achievable goals.

Support and love, they are motivate and move people.

**The Vessel,
the Light,
and the Abundance.**

312. When you think you have everything,

you feel like you have nothing.

When you know you have nothing,
you discover that everything is within you.

313. You are a fracture and you feel missing, therefore you are act

out of a desire to receive to yourself only and out of lack of confidence
about your future.

The whole one feels complete and full and that is why he acts out of the
desire to give to others and this way to influence.

When you will realize, as a fracture, that you are the one who complete
the whole and without you there is not whole, you will feel confident, full
and not missing a thing.

You will feel rich and not poor.

Because you are a part of the whole and the whole world was created just
for you.

314. The whole is all there is.

Your decisions as an individual will always match the desire of the whole.
But the whole's decision will always match your desire as an individual to.

315. There is nothing new under the sun.

Everything in the physical world was present, it is and will be.

Every physical thing has a beginning, middle and end.

The truth is that future and past occur in the present, in your mind.

Infinity is your true nature as a human being; otherwise everything would
have to be new.

Since there is nothing new and everything is in you, the future is you,
right now.

316. Enlightenment is your ability to balance your physical

limitations with your infinite in the metaphysical world.

Enlightenment is your ability to act in reality in which there are

limitations of beginning and end,
out of the infinite power hidden inside your souls nature.

317. Enlightened person is a person who sees light in all things.

For the enlightened person every fault is amendment and any problem is experience.

318. From what has been said by now, you know;

There are things you know that you know,
there are things you know that you don't know,
and there are things you know that you do not know and you want to discover them.

This is breakthrough and that's all you came to learn.
Whatever happens to you now is what should happen,
because it helps you to learn and to correct.

319. Find yourself a spiritual guide, mentor or sponsor.

Be sure that whatever he tells you is right for you.
Do not question it and do not wonder, do not criticize, and do not filter things. Don't doubt and don't look after new excuses.
You can live in abundance either to look for excuses,
you can't have both.

320. Your teacher is like a tube of knowledge.

Don't ever doubt and question in whatever your teacher tells you.
Whatever your teacher tells you is what you wanted to hear.
Your teacher is just a tube for your abundance.
You are the one that attract the knowledge you need through your teacher.

321. When you guide people and argue with them in order to

achieve your personal goals, you scrappy.

When you guide people and argue with them in order to achieve their personal goals, you are great spiritual guide. You show them the way.

322. The service you receive as a student from your teacher is like the service heart gives the brain. Both of them are completely required, one needs the other, one different from another, one equals to another.

323. The truth is that there are no teachers who can teach you something new, because there is nothing new under the sun. Anyway, your teacher is you. You are your own guru, the solution is in you.

324. When you pray, ask your guides and all who are willing to help you for the ability to create your own joy, abundance and love. Pray to stimulate your internal being so that you will be one with yourself. Ask for being a guru for yourself, ask to be an instrument. Do not ask for fish every time you're hungry; ask for fishhook and the knowledge how to fish.

325. If you had money but you did not use it, nor give it before your die to someone else, it is like you never had any money. People, who have money and do not use it, are just like people who don't use money because they don't have it. People, who have love and don't make love, are just a like people who don't have love so they don't make love. People that are happy but don't teach others how to be happy, they are strangling happiness inside them. Instead the joy produces them more joy, it will bring them abdominal pain and constipation.

326. What was truly yours is all what you have wasted or gave away to others before you died. What you didn't give others before you died; will be taken from you because it is not yours.

327. People who are excited with money are people who use money.

People who are thrilled with joy are people who make joy.

People who are excited about having sex are people who have sex.

Appetite comes with food, hunger brings indifference.

328. Take money, love and joy from every one can give it to you and get excited.

Give others everything you got, this way you can get excited about what you have.

This way you get empty and then you receive something new in larger quantity than you had before.

329. God is an idea, a thought, a possibility.

He has no time, no space, and no movement.

God is the head and the first of every thought.

God is an idea that forms through souls which enhance themselves in physical world.

330. You are created in his shade, you are a shade, and you are the physical expression of your soul.

Connect to the ability was given to you and to all God's children.

Connect to the lack of movement, into nothingness, into infinity, into the unknown.

Connect to the light and the idea, to a new thought and another option.

Connect to the essence of God.

331. Man's soul is a part of God,

he is "everything" and the soul is a "part" of it.

332. Hear all Israel, the Lord is your God, and he is the one.

Every single person is one and his name is one.

O Lord, open my lips and my mouth will say glory,

I am peace, I am love, I am success.

All the soul will call Hallelujah.

333. The way to connect to new option is to change.

When you change, you introduce yourself to something new in you, something you didn't know before the change occurred.

Success requires change, and each change requires another change, because over time, any change becomes routine, and then again, you need another change till the next success.

334. Knowledge is available and it's free.

Knowledge's price is the price of time spent to accumulate and organize this knowledge.

You can "sell" only your time.

The money you get given to you by someone who received something for his time.

Time is money; you replace your time with someone else's time through coins.

335. Knowledge, money, your assets, all of these are yours only if

you succeed to pass them to someone else while you alive.

Money, knowledge and assets leave you or you leave them.

That's why, you only have time.

Time is yours only because you gave it to yourself or to someone else while you alive.

All the rest, if you didn't succeed to give it away, will be taken from you, because it is not really yours.

336. The temporary one is the permanent one.

The most permanent thing was given to you is life, and that is temporary too. Through a permanent temporariness, you learn to accept death as renewal and not as the end.

337. Nine types of intelligence expedite your encounter with the

infinite abundance;
Verbal linguistic intelligence,
Intelligence of peripheral sight,
Intelligence of Music and Sound,
Intelligence of light and color,
Intelligence of body, movement and dance,
Logical, thought and reason intelligence,
Emotional, joy and love intelligence,
Intrapersonal and introspection intelligence,
Feedback intelligence - interpersonal communication and observation of
life and the universe.

Do not see in the general knowledge you have shallowness or lack of
professionalism.

Professionalism of the new age requires combination of intelligences of
all kinds.

338. You can say that what all had been said here does not make
sense and it would be true,
you can say that there is no way to perform not even one part of all that's
been said, and that will be true too.
Everything is true; your belief is your truth.

339. Know that your biggest dream is much smaller than you can
really do.
You do not see and do not hear and do not feel, you don't have the ability
to understand that only out of no ability you can grow into your ability.

340. Accept yourself and accept the law of karma that determines
the course of your life.
Accept the fact that you produce karma; accept the wage and the penalty.
You are the judge and the executor of your karma, every result has a
cause and every cause has an effect.

341. Your thought is which controls your feelings;
you can choose anger and negative thoughts or you can choose love.

342. Keep inner cleanliness,

make peace with yourself, say what you think and think as you feel.

343. Take yourself the entire wealth universe offers you and no less than that.

Everything is all right, everything is correct, everything is good.

Do whatever comes to your mind as long as you agree with others.

That is the law of universe.

344. Act out of right intention.

Intention is the remote control that realizes your desires.

Release yourself from social and cultural bonds.

345. See what you want to see and not what is around you.

Believe in what you want to believe rather than in what they taught you.

346. Matter and energy do not disappear, they just change shape.

Thoughts, words and actions do not disappear, they just change shape.

DNA is your memory data base; DNA collects all thoughts, words and actions of all humanity. DNA collects the memory of matter and energy.

All there was and all there will be, past and future of the universe and humanity is in you.

DNA is the physical expression of the soul.

347. The whole contains all its parts and each part contains the whole.

DNA is the smallest part of the whole and it contains the whole.

DNA is an infinite memory data base that contains all human knowledge ever. When you don't know the answer, it means that you still don't know how to enter the knowledge you have and it is available and found within each cell of your body. All the answers are in you.

Your power,

Your coverage,

And your disclosure.

348. Hug yourself, pamper yourself, you deserve it.

Fill yourself with wealth, joy and love.

When you love yourself you don't need anything.

When you don't need anything, you don't press others to give it to you and you don't get "no" as an answer.

Whatever others give you, is an extra, it is the cherry you get on the top. All the rest, you already have.

349. Don't stand and look at your experience from the side.

Don't be the experiencing one; be the experience itself, because you are.

You are forming and arising, you are at the middle of learning process.

Don't look on the light from the side, when you are a side, you are in darkness.

When you are in the light and inside the abundance, you are a part of the light, you are the light.

350. If you ask, what is the purpose of the creator and his creation,

your question arises out of your limitations as a human being and the answer lies far beyond the question.

If you have been told that life is a game that you have chosen to enter, there was no point in this game since you knew the results of it.

If you knew for sure, that in your death you'll discover that life is a workshop and the whole universe is just an illusion, and that everything you see and feel is just in your mind as a human, you would know that all there is just a game.

If you knew for sure that you exist as a being and not as a physical body, and as a being you can do whatever you choose to.

Since you chose this game in your physical body you don't want anybody to tell you the end of it.

You don't want to know how it ends; you want it to happen in real time.

This is the way you chose it, as a being, and that's why it is so.

351. You receive in order to give,

And what you give is what you're going to get back.

Pay attention, keep the principles of giving;
Give something that someone else needs,
Give something not in order to control the other,
Give something without preconditions, without commitment,
Give something while creating nice feeling for the receiver and prevent a
feeling " Contempt bread ".
Give something out of responsibility for the results,
Give something out of your personal choice,
Give something not in order to receive something back,
Give something secretly, without others will know about it.

352. You already know that there is no one in the world who can
beat you, besides the person reflects in your mirror.

353. Introduce yourself to the nine powers which are part of the
abilities you have as eternal being.
Go with your powers to your new successes.

354. The power of Light;
It gives you the ability to see, to notice that darkness does not really
exists. Light is everywhere and any time.
You have the ability to see certainty in any situation.
When you are in certainty, you are in "nothingness",
because from this "nothingness" you can be anything.

355. The power of Beginning;
It is the power of creation and creating something out of something there
is. The power of beginning is like the power of the seed which allows you
to create new life.

356. The power of Love;
It is the driving force, the cause of all occurrences.
Love is a noble cause; love is the glue that allows you to grow out of
limits.

357. The power of Freedom;

It promises you fulfillment and creativity. The freedom is given to you to create number of available options from which you can choose.

The freedom that was given to you allows you to be in higher or lower awareness that the material is.

You choose whether to control the material or to let it to control you.

You choose what to believe, you choose to be whoever you want to be.

358. The power of Thought;

It creates for you the idea that creates experiences and actions.

The whole universe is created by the power of thought.

Your whole world is created by force of your thought.

You accept whatever you feel through your thought, you put everything into terms which take over you and it is your whole world.

The world you believe in is the world that you live in.

359. The power of Unity;

It allows the opposites and the conflicts in you to create harmony, to create peace. The power of Unity allows you to find the equivalent in the different.

360. The power of Observation;

It is your ability to see and to control your intentions, to hear your "self" out of self-discipline and to find new meaning in life, to listen, to get feedback from your surroundings and to figure out who you are.

361. The power of Healing;

It allows you endless repair, improvement of your skills as a human. The power of healing is the ability to create alchemic change, like in nature; it allows transformation and natural healing.

362. The power of Immune;

It is the pattern of a thought, the question which involve the answer.

It is the prior information that comes to you, which prevents and immunes you against disappointments, illness, pain and failures.

You get information from your body, from the universe and people around you. You learn from nature, animals and plants.

All around you are here just for you.

Your body and the universe are your playground, it is your classroom.

363. The power of immune is the ninth power.

The power of Light is the first power, while the last makes a circle with the first one. The Immune power closes a circle with the power of light and makes infinite process. When you get information and learn from your experiences, you earn the light. Everything is light; Pain, failure, illness, love, joy and laughter, all those come from light. They all come to teach you something you have not learned yet. When you learn, you get the immune, you are inside the light. You are the light.

364. The "searchers" are those who continuously deal with

personal growth and self development. They are curious, they explore and burrow, they do not deal with here and now, they want to know where everything grows from and where it's grows to, where it comes from and where it is going to.

The first searchers were looking after the freedom of choice, when they got the freedom; they had to find food, water and shelter.

After, many other searchers came, those who were searching after good and those who after the evil, those who after justice and those who after demons, those who were after the truth, wisdom and knowledge, joy, love and laughter, and there were those who searched after pain and frustration, diseases, lies and hypocrisy.

There were those who searched after new lands, those who were investigating the past and those who were seeking advanced technology and industrial computers.

You belong to a new generation of searchers, the generation of Aquarius.

You are from those who want to know themselves, their inner "self".
You came for the real thing, after the exposed secret of the hidden light.

About the author

Lousky Daniel



Dr. Lousky Daniel is a therapist, researcher, and teacher in the fields of integrated medicine and holistic education. He is the developer of the Lousky Method of Integrated Medicine using 32 Intelligences with the Integration of Art. The Lousky method is an educational treatment method – spiritual holistic psychotherapy. It is interdisciplinary, integrated for the balance between body and mind. The Lousky method is based on Western scientific approaches, Eastern holistic approaches, and the format of 32 intelligences according to the Book of Creation, which is attributed to the Patriarch Abraham.

The Lousky method is a format that enables integration with educational and treatment methods. The method is taught at the Lousky College in a four year program for training therapists and instructors in the Lousky method.

The curriculum consists of a variety of therapies, such as holistic psychotherapy, healing, meditation, guided imagery, medical massage, movement, nutrition, body wisdom, assessment through the tongue and pulse, dream psychotherapy, acupuncture, Bach flowers. All the therapies integrate the arts (sound, form, and color), drawing, sculpting, writing, poetry, music, and drama.

Books Written by Dr. Lousky Daniel

- Intelligence Tests of Integrated Medicine
- Arts as Languages for Healing (488 pages)
- Integrated Medicine
- The Thirty Two Intelligences (492 pages)
- The Twelfth Sense
- Children Longing for God
- Nine Cosmetic Powers for Success
- Rich, Happy, and Sexy - Spiritual Laws for the Creation of Abundance

Lousky is the head of the Lousky College

He is an instructor and coach of groups of physicians, therapists, and members of

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His past roles include:

- Manager of the national project, Turning Point 1997 in the Office of the Prime Minister.
- CEO of the Unit for Economic Development, the Jewish Agency.
- CEO of the Monfort Lake Development Company.
- Head of the Management of the Company of Education Institutions (High Schools), Tirat Carmel.
- Instructor and supervisor in the Ministry of Education, The Youth Department, Haifa District.
- Manager of the Community Center and Head of Management of the Tirat Carmel Community Center.

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- Dr. intelligence tests
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The Lousky Method - 32 Intelligences

The French psychologist, Alfred Binet, developed a ladder of age-specific intelligence units, which is based on the theory that intelligence changes as a person matures. Accordingly, a person's intelligence measurement (IQ) is defined as the relation between the intelligence age (the individual ability of the person being tested) and a person's age (the standard ability of people of the same age.)

The IQ test was first developed by Binet and Theodore Simon in 1916 (the Binet-Simon Scale), and was intended as a tool for categorizing pupils into regular schools and special education schools. This test continues to be the basis for intelligence testing throughout the Western world, and is used for classifying pupils and forecasting their education success. The IQ test measures those skills that have been determined to be necessary for educational success, such as verbal skills, mathematical reasoning abilities, and the ability to remember numbers and words.

The understanding that people are able to gain achievements, personal development and joy of life through many different ways and methods was the basis to the development of the unique methods called the “Lousky Method”. The basis of this method is the concept of 32 intelligences for achieving mind-body balance. The method is the result of many years of research and is founded in the “Book of Creation”, attributed to the patriarchal Abraham.

According to the Lousky Method, each one of the 32 intelligences appears in each individual, to one degree or another, so that a person can be “intelligent” in many different and diverse ways. For example, one may have an intelligence for marketing, acting, drawing/painting, sports, organization, writing, editing, managing sales, entrepreneurship, poetry, planning, interpersonal relationships (in all life skills and in all simple actions) – rather than being “intelligent” in the areas of verbal skills or mathematical reasoning, as defined by the traditional theory of intelligence. Each individual has a unique “intelligence profile” that shapes their personality, their outlook and beliefs, and their understanding of the world, which they use to resolve problems.

The Lousky Method is an education, therapeutic method for achieving mind-body balance through the 32 intelligences. An intelligence is the ability to resolve problems and create measurable, quantifiable results. Intelligences can be fixed, strengthened, and enhanced as needed. The intelligences themselves are life skills that characterize the simple, natural actions that bind all people.

Scientific research in recent years in the area of intelligence development has determined that each intelligence is tied to a cultural aspect; therefore, each must be examined in a context that is familiar and relevant to the individual. In addition, an individual must have an optimal environment for expanding their ability to express their intelligence.

The role of society is to identify an individual's abilities, and to help them attain a field that best suits their skills and talents, a field that will provide them with usefulness, competitiveness, and satisfaction, and will strengthen the intelligences in which that individual excels. This makes it possible to contribute to raising an individual's self-esteem and to realize each individual's full potential.

Despite the clear differences between people and the wide diversity of "intelligence profiles", people are still evaluated and tested using a limited number of standardized, "conventional" testing methods. In this unrealistic situation, the main capabilities that are emphasized are speech and thought. This means that only people who excel in these two fields are considered high achievers and successful. Meanwhile, those who do less well in these two fields are considered weak students who are unable to meet the requirements of the system. As such, they get caught up in a circular, frustrating process of mediocrity and failure, to the point where many simply drop out of the system.

The role we have taken upon ourselves, together with others, is to provide each individual with a "stage" and a window of opportunity to express the diverse texture that characterizes intelligences, which are often hidden and do not always manifest themselves in the existing framework. Through this method, we have chosen to open a door to a better world for each and every individual.

The Lousky Method aims to achieve harmony through the whole individual, and sees the individual as the source of creation. Accordingly, the sources of healing and correction can be found in natural resources as well as in people themselves. The body is a mirror of one's soul, and an individual is a mirror of their environment and experiences.

Through the feedback method and mirroring, an individual is able to understand reality as it is formed, and to understand how and why it occurs, in order to create a better world for each and every one.

The 32 Intelligences are a methodology as well as a method of operation, both in space and time; they are the mold and its content, the passageway of intelligence and the intelligence itself, and the creator and the creation itself. The healing process takes place when the life force flows through the 32 passageways in order to maintain the passages and paths open, to remove blockages, clear them, correct any problems, and maintain balance. The process of development and personal growth takes place when the life force flows through the passages with the purpose to expand and create new bonds between the passages.

According to the Lousky Method, a patient's desire to rectify and to find a goal and purpose in life, as well as their belief in their facility for self-healing and ability to start afresh – are the basic principles of life empowerment. These, according to the Lousky Method, are both the cure and "miracle" of the desired treatment.

The harmony we seek to create with the universe will occur naturally when each individual achieves internal harmony with himself or herself through mind-body balance.